



# **WHERE TO TURN: A Community Guide to Health Care Resources**

**Published by  
The Philadelphia County Medical Society  
In Cooperation with the  
Philadelphia Department of Public Health**

Dear Neighbor:

At times, there's illness in the family and we don't know where to get help. The Philadelphia County Medical Society, in cooperation with the Philadelphia Department of Public Health, has prepared a partial list of community resources for you. It is our goal to improve the quality of healthcare and access to physicians for the citizens of Philadelphia.

This information will also be available at your Branch of the Free Library of Philadelphia.

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**MY FAMILY HAS MANY HEALTH PROBLEMS. WHERE DO I START?**

First Call for Help

215-568-3750

**I BELIEVE I NEED TO SEE A DOCTOR, HOW CAN I DO SO WITH MY LIMITED RESOURCES?**

City of Philadelphia Health Center

215-685-6791

**WHERE IS THE NEAREST PUBLIC HEALTH CLINIC TO MY HOUSE**

City of Philadelphia Health Center Information

215-685-6791

**Philadelphia Health Care Center Locations:**  
(Operated by the Philadelphia Department of Public Health)

**Philadelphia Health Care Center #1 STD Clinic & HIV Testing**

1400 Lombard Street 19146

Phone: 215-685-6570

**Philadelphia Health Care Center #2**

1720 South Broad Street 19104

Phone: 215-685-1803

**Philadelphia Health Care Center #3**

555 South 43<sup>rd</sup> Street 19104

Phone: 215-685-7500

**Philadelphia Health Care Center #4**

4400 Haverford Avenue 19104

Phone: 215-685-7600

**Philadelphia Health Care Center #5**

1920 North 20<sup>th</sup> Street 19121

Phone: 215-685-2930

**Philadelphia Health Care Center #6**

321 West Girard Avenue 19123

Phone: 215-685-3803

**Philadelphia Health Care Center #9**

131 East Chelton Avenue 19144

Phone: 215-685-2250

**Philadelphia Health Care Center #10**

2230 Cottman Avenue 19149

Phone: 215-685-0639

**Strawberry Mansion Health Care Center**

2840 Dauphin Street 19132

Phone: 215-685-2400

**FEDERALY FUNDED HEALTH CENTERS IN PHILADELPHIA:**

**Schuylkill Falls Community Health Center**

4325 Merrick Road 19129

Phone: 215-843-2580

**Covenant House Health Services**

251 East Brighthurst Street 19144

Phone: 215-844-1020

**Greater Philadelphia Health Action, Inc.**

Frankford Avenue Health Center

4510 Frankford Avenue 19124

Phone: 215-744-1302

**Greater Philadelphia Health Action, Inc.**

Hunting Park Health Center

1999 Hunting Park Avenue 19140

Phone: 215-228-9300

**Greater Philadelphia Health Action, Inc.**

Southeast Health Center

930 Washington Avenue 19147

Phone: 215-339-5100

**Greater Philadelphia Health Action, Inc.**

Wilson Park Medical Center

2520 Snyder Avenue 19145

Phone: 215-755-7700

**Greater Philadelphia Health Action, Inc.**

Woodland Avenue Health Center  
5501 Woodland Avenue 19143  
Phone: 215-726-9807

**Philadelphia Health Management Corporation**

**Philadelphia Health Care for the Homeless Project**

260 South Broad Street 19102  
Phone: 215-985-2500

**Philadelphia Health Services**

Fairmount Health Center  
1412-1420 Fairmount Avenue 19130  
Phone: 215-235-9600

**Philadelphia Health Services**

Maria de los Santos Health Center  
452 West Allegheny 19133  
Phone: 215-392-2500

**Quality Community Health Care**

Finley Place Medical Center  
2813 West Diamond Street 19121  
Phone: 215-763-4445

**Quality Community Health Care**

Meade Family Health Center  
18<sup>th</sup> & Oxford Street 19121  
Phone 215-765-9501

**Quality Community Health Care**

QCHC Family Health Center  
2501 W. Lehigh Avenue 19132  
Phone: 215-227-0300

**Quality Community Health Care**

Vaux Family Health Center  
23<sup>rd</sup> & Master Street 19121  
Phone: 215-684-5433

**Spectrum Health Services**

Broad Street Health Center  
Progress Human Services Center  
1415 North Broad Street, 2<sup>nd</sup> Floor 19122

Phone: 215-235-7944

**Spectrum Health Services**

Haddington Health Center

Progress Haddington Plaza/5619-25 Vine Street 19139

Phone: 215-471-2761

**Spectrum Health Services**

Sulzberger Personal Examination Center

Sulzberger Middle School

48<sup>th</sup> Street & Fairmount Avenue 19139

Phone: 215-879-2777

**I CAN'T AFFORD MY MEDICATION(S)?**

City of Philadelphia Health Center Information

215-685-6791

PACE Program

800-225-7223

**WHERE CAN I FIND OUT HOW TO TAKE CARE OF MY NEW BABY?**

City of Philadelphia Maternal & Child Health Services

215-685-5225

Children Health Line

215-985-3301

**MY CHILD DOESN'T HAVE HEALTH INSURANCE, WHAT SHOULD I DO?**

*To sign up a child for health insurance, and to get help with any problem getting health care for a child, please refer to the numbers below:*

Statewide Toll-free Helpline:  
(PA Department of Health)

1-800-986-KIDS

Child Health Watch - Philadelphia

215-563-5848

Children's Health Line

215-985-3301

Free CHIP or Low-Cost CHIP:

1-800-822-2447

Aetna U.S. Healthcare

The Caring Foundation of Independence Blue Cross/  
Blue Shield

1-800-464-5437

**HOW DO I GET MEDICAID INFORMATION?**

PA Health Law Project	215-625-9111
Philadelphia Children and Youth	215-563-5848
Disabilities Law Project	215-238-8070

**I'M WORRIED THAT MY CHILD DOESN'T GET ENOUGH TO EAT?**

North Inc. WIC (Woman, Infant and Children)	215-978-6100
Greater Philadelphia Food Bank	215-739-7394
The Salvation Army	215-787-2800
Nutritional Development Services	215-895-3470
Food Stamp Program	215-560-2547

**HOW CAN I GET BIRTH CONTROL INFORMATION?**

Choice Hotline	215-985-3300
Planned Parenthood	215-351-5550
“ “	215-496-9696

**WHERE CAN I GET NURSING CARE FOR MY SICK FATHER?**

Community Visiting Nurse	215-473-0776
Philadelphia Corporation For Aging Senior Helpline	215-765-9040
Visiting Nurse Association	215-473-7600
CARIE Center for Advocacy for the Rights & Interests of the Elderly	215-545-5728

**HOW DO I GET MEDICARE INFORMATION?**

U. S. Government General Information Hotline	800-382-1274
Medicare Information	800-638-6833

**MY WIFE JUST HAD A HEART ATTACK. WHOM SHOULD I CALL?**

**A FAMILY MEMBER KEEPS THREATENING TO KILL HIMSELF. WHAT SHOULD I DO?**

Call Suicide Crisis Intervention	215-686-4420
Contact CareLine	215-879-4402

**MY THREE YEAR OLD JUST SWALLOWED DISH WASHING SOAP. IS IT DANGEROUS?**

Call Poison Control Center (24 hrs.)	215-386-2100
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**MY HUSBAND BEATS ME. WHERE DO I GET HELP?**

Women Against Abuse	215-386-7777
Bilingual Domestic Violence Project	215-739-9999
Women in Transition	215-751-1111
Emergency	911

**I THINK MY NEIGHBORS ABUSE THEIR FIVE YEAR OLD SON. WHOM SHOULD I CALL?**

Child Abuse Line	800-932-0313
Child Abuse Prevention Committee- Dept. of Human Services	215-683-6100

**MY MOTHER IS PARALYZED AND NEEDS HOME HEALTH CARE AND A RIDE TO THE HOSPITAL. WHOM DO I CALL?**

Mayor's Commission on People with Disabilities	215-686-2798
Client Assistance Program	215-557-7112
Senior HelpLine	215-765-9040
SEPTA ParaTransit	215-580-7145

**WHERE CAN I GET INFORMATION ABOUT CANCER?**

American Cancer Society - Hotline  
Cancer Information Service

800-227-2345  
800-4-Cancer

**HOW CAN I FIND A HOSPICE PROGRAM?**

Hospice of the Delaware Valley  
Visiting Nurse Association

(local) 610-941-6700  
800-807-3738  
215-473-0776

**MY HUSBAND IS A VETERAN WITH A DRINKING PROBLEM. WHERE DO I GET HELP?**

Veteran's Administration Medical Center  
Alcoholics Anonymous (24 hr.)

215-823-5800  
215-574-6900

**MY DAUGHTER GETS HIGH ON DRUGS. WHOM DO I CALL?**

Community Behavioral Health  
Narcotics Anonymous  
Behavioral Health Special Initiative Program  
U. S. Government Drug Prevention and Treatment

1-888-545-2600  
215-440-8400  
215-546-1200  
1-800-729-6686

**I THINK I'VE CAUGHT A SEXUALLY TRANSMITTED DISEASE. WHOM SHOULD I CALL?**

Operation Venus (VD Information only)

215-685-6570

**MY FRIEND HAS AIDS. WHERE CAN SHE GET HELP?**

Action AIDS - 1216 Arch Street, 4<sup>th</sup> Floor  
Philadelphia  
Community AIDS Hotline  
AIDS Information Network (HQ) AIDS  
AIDS Fact Line  
Philadelphia Health Care Center #1 STD Clinic & HIV

215-981-0081  
215-985-AIDS  
215-985-4448  
800-662-6080  
215-685-6570

Testing - 1400 Lombard Street, Philadelphia

**MY DAUGHTER HURT HER HAND AT WORK. WHERE CAN I GET INFORMATION ABOUT HER MEDICAL CARE?**

*Be Aware Of Injury Reporting Requirements At Your Workplace First.*

Occupational Safety and Health Information

1-800-356-4674

**WHERE CAN I FIND INFORMATION AND A DOCTOR SPECIALIZING IN DIABETES?**

American Diabetes Association (Local-Plymouth Meeting)

610-828-5003

National American Diabetes Association

1-800-DIABETES or

1-888-342-2283

**WHERE CAN I FIND HELP FOR ARTHRITIS?**

Arthritis Foundation of Eastern PA

215-665-9200

800-351-5800

National Arthritis Foundation

404-872-7100

**WHERE CAN I FIND HELP FOR MY BREATHING PROBLEM?**

Asthma and Allergy Foundation

215-557-9915

American Lung Association

215-735-2200

**WHAT IS SICKLE CELL ANEMIA?**

Sickle Cell Disease Association of America

215-471-8686

**MY DOCTOR SAYS I NEED DIALYSIS. WHOM SHOULD I CALL?**

State Division, Special Programs

800-736-2542

Renal Dialysis - Patients

**HOW CAN I TAKE CARE OF MY FATHER'S COLOSTOMY?**

Philadelphia Ostomy Association  
United Ostomy Association

215-442-0770  
800-826-0826

**I NEED EYE CARE. WHOM SHOULD I CALL?**

Fight For Sight - Children's Program at Wills Eye Hospital	215-928-3240
Fight For Sight - Adult Program	215-928-3041
National Eye Care Project	800-222-EYES (3937)
National Children's Eye Care Project	800-272-EYES (3937)
Glaucoma - Celebrate Sight	800-391-EYES (3937)
For Eyeglasses/Eye Care: Lion's Eye Bank of the Delaware Valley	215-563-1679
Philadelphia Corporation for Aging - Senior Help Line	215-765-9040

**I AM HAVING TROUBLE HEARING. I THINK I NEED A HEARING AID. WHERE DO I GO?**

Philadelphia Elwyn Audiology - 4040 Market Street	215-895-5710
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**I NEED DENTAL CARE. WHOM SHOULD I CALL?**

Quality Community Health Care - 2501 W. Lehigh Avenue	215-227-0300
Philadelphia Corporation for Aging - Senior Help Line	215-765-9040

**I NEED TO FIND OUT HOW TO DEAL WITH MOTHER'S ALZHEIMER'S DISEASE. WHOM SHOULD I CALL?**

Alzheimer's Disease & Related Disorders Association	215-925-3220
Alzheimer Association of Greater Philadelphia Chapter	800-272-3900

**I NEED INFORMATION ABOUT MY 90 YEAR OLD FATHER WHO CAN'T MANAGE AT HOME ANY MORE. WHOM DO I CALL?**

Elder Help	215-881-5750
Philadelphia Corporation For Aging - Senior Help Line	215-765-9040
CARIE Center for Advocacy for the Rights and Interests of the Elderly	215-545-5728

**I KNOW A SENIOR WHO IS BEING ABUSED. WHOM DO I CALL?**

Philadelphia Corporation for Aging – Older Adults Protective Services 215-765-9033



**HEALTHCARE WEBSITE INFORMATION**

The Philadelphia County Medical Society – <http://www.philamedsoc.org>

Pennsylvania Medical Society – <http://www.pamedsoc.org/>

American Medical Association – <http://www.assn.org/>

The Philadelphia Corporation For Aging – <http://www.pca.phl.org>

Temple University Institute on Aging – <http://www.temple.edu/aging>

Medicare – <http://www.xact.org>

Health Information – <http://www.webmd.com>

Health Information – <http://www.healthgate.com>

Health and Pharmaceutical Information – <http://www.healthtouch.com>

American Cancer Society – <http://www.cancer.org/index.html>

Center for Disease Control and Prevention – <http://www.cdc.gov/cdc.html>

**MEDICAL AND EMERGENCY CONTACTS**

**For :** \_\_\_\_\_

**Blood Type** \_\_\_\_\_ **Medic Alert #** \_\_\_\_\_

**Allergies** \_\_\_\_\_

**Medical Insurance & #** \_\_\_\_\_

**Hospital Insurance Policy #** \_\_\_\_\_

**Physician** \_\_\_\_\_ **Phone** \_\_\_\_\_

**Pharmacy #** \_\_\_\_\_ **Medications:** \_\_\_\_\_

\_\_\_\_\_

**Emergency Contact :** \_\_\_\_\_

**Phone** \_\_\_\_\_ **(Day)** **Phone** \_\_\_\_\_ **(Evening)**

**Relative(s) Name(s)** \_\_\_\_\_ **Phone** \_\_\_\_\_

**Name** \_\_\_\_\_ **Phone** \_\_\_\_\_

**NOTES**

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